

ANNAI VELANKANNI COLLEGE, THOLAYAVATTAM

COUNSELLING AND HEALTH CARE CELL

2016-2017

On account of "NATIONAL DEWARMING DAY" (10-08-2016), Health Club of our College, tie up with primary health centre, Killiyoor, provided Albendazole tablets for our UG students. Our committee members are explained about the problems of worms and motivated the respective Department students to have the tablet after their lunch. Number of students benefited was 870.



M. Jaya Brabha

Prepared By

(M. Jaya Brabha)

M. Latha Beatrice

Convener

M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed., B.A.
Convener Counselling and Health Care
Annai Velankanni College,
Thalayavattam.

[Signature]

Principal

PRINCIPAL

ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

ANNAI VELANKANNI COLLEGE, THOLAYAVATTAM

COUNSELLING AND HEALTH CARE CELL

REPORT ON MOTIVATION PROGRAMME

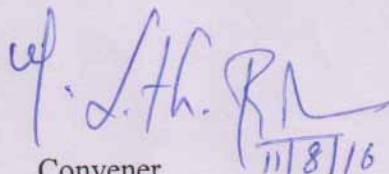
(2016-2017)


A motivation programme was conducted for all the first UG students on 11.08.2016 at 2 pm in Fr.Lucas Auditorium. Rev.Fr.S. Arokia Anto was invited as the resource person. Rev.Fr.S. Arokia Anto addressed the students with all happiness and positive energy. He motivated the students to set high goals according to their own wish. He shared new ideas on goal setting and achieving the goals. Number of students participated 280.

Feedback

- Session was interesting
- Topic chosen was (Goal Setting) good
- Need many programme like this.

M. Jeyalalitha
Prepared By
(M. Jeya Babha)


Convener
M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed., DCP
Convener Counselling and Health Care
Annai Velankanni College,
Tholayavattam.


Principal
Dr. J. JOHNSON, M.Sc., M.Phil., Ph.D.
PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

ANNAI VELANKANNI COLLEGE, THOLAYAVATTAM

COUNSELLING AND HEALTH CARE CELL

2017-2018

On account of "NATIONAL DEWARMING DAY" (10-08-2017), Health Club of our College, tie up with primary health centre, Killiyoor, provided Albendazole tablets for our UG students. Our committee members are explained about the problems of worms and motivated the respective Department students to have the tablet after their lunch. Number of students benefited was 850.



M. Jayalalitha

Prepared By

(M. Jaya Bratha)

M. Latha Beatrice

Convener

M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed., DCP
Convener Counselling and Health Care
Annai Velankanni College,
Tholayavattam.

Dr. J. Johnson

Principal
Dr. J. JOHNSON, M.Sc., M.Phil., Ph.D

ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

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COUNSELLING AND HEALTH CARE CELL

REPORT ON DENGUE AWARENESS PROGRAMME

2017-2018

A "Dengue awareness programme" was given to all the final years (130 students) and committee members (10) on 17.08.2017 at 2.30 pm in Fr.Lucas Auditorium. Dr. Antony Suresh Singh, Assistant Medical officer, Killiyoor was the resource person.

Doctor provided the following information

- Cleanliness of our surroundings
- Mosquitoes repellents
- Medical Care
- Essential of platelets

Resource person explained the causes, symptoms, prevention and available treatments. The programme came to an end at 3.30 pm.

Feedback

- ❖ Students got knowledge about dreadful disease and its consequences.
- ❖ The awareness programme was very useful
- ❖ Need more programme like this manner



M. Jaya Brabha

Prepared By

M. Jaya Brabha

M. Latha Beatrice

Convener

M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed., DCP
Convener Counselling and Health Care
Annai Velankanni College,
Tholayavattam.

Dr. J. Johnson

Dr. J. JOHNSON, M.Sc., M.Phil., Ph.D

Principal

ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

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COUNSELLING AND HEALTH CARE CELL

2018-2019

On account of "NATIONAL DEWARMING DAY" (10-08-2018), Health Club of our College, tie up with primary health centre, Killiyoor, provided Albendazole tablets for our UG students. Our committee members are explained about the problems of worms and motivated the respective Department students to have the tablet after their lunch. Number of students benefited was 810.



M. Jayalalitha

Prepared By

(M. Jaya Brabha)

M. Latha R

Convener

M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed., DCP
Convener Counselling and Health Care
Annai Velankanni College,
Tholayavattam.

A. Jay

Dr. J. BONISON, M.Sc., M.Phil., Ph.D
PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

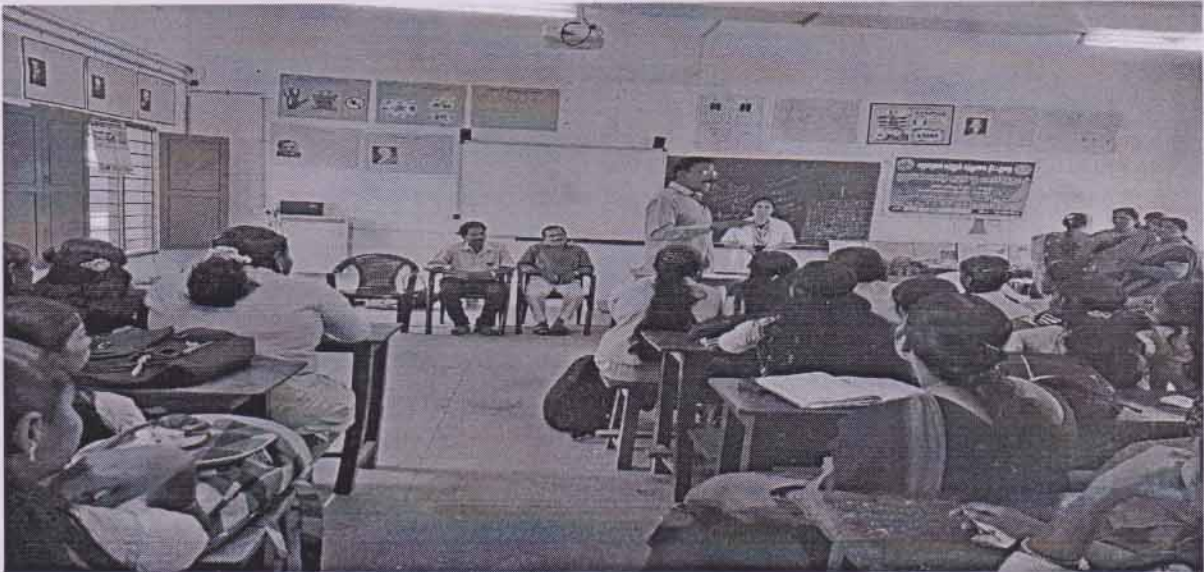
ANNAI VELANKANNI COLLEGE, THOLAYAVATTAM

COUNSELLING AND HEALTH CARE CELL

REPORT ON HEALT CARE TEST

2018-2019

On account of health care check up of our students, Haemoglobin (Hb) level of blood was determined on 20.02.2019. In order to make disease free society, HIV test also determined to the students. These tests were carried out by Doctors of Primary Health Centre, Killiyoor. Number of students benefited 1200.



M. Jayabrabha

Prepared By

M. Jaya Brabha

M. Latha Beatrice

Convener

M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed., GCP
Convener Counselling and Health Care
Annai Velankanni College,
Tholayavattam.

Dr. J. John

Dr. J. JOHN B.Sc., M.Phil., Ph.D
Principal
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

ANNAI VELANKANNI COLLEGE, THOLAYAVATTAM
COUNSELLING AND HEALTH CARE CELL
REPORT ON ANTI-DRUG ADDICTION PROGRAMME

2019-2020

Anti-drug addiction programme was conducted on 26.06.2019 in Fr.Lucas Auditorium at 2.00 pm. All Departments second and third year UG students (680) were participated. Mrs.M.Latha Beatrice, Convenor, Counselling and Health care cell, welcomed the gatherings.

Dr.J.Johnson, Principal, introduced the resource person Rev.Fr.Nithiya Sahayam. The resource person has delivered speech about drug addiction, health hazards and social problems. An awareness movie of drug- addiction was played. At the end of the programme Dr.D.Joen Joselin delivered vote of thanks.

Feedback

- ❖ Students gained knowledge about hazards of drug
- ❖ The session was very interesting
- ❖ Movie was very nice.

M. Jaya Brabha
Prepared By

(M. Jaya Brabha)

M. Latha Beatrice
Convenor

M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed., DGP
Convenor Counselling and Health Care
Annai Velankanni College,
Tholayavattam.

Dr. J. Johnson
Principal

Dr. J. JOHNSON, M.Sc., M.Phil., Ph.D
PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
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ANNAI VELANKANNI COLLEGE, THOLAYAVATTAM

COUNSELLING AND HEALTH CARE CELL

2019-2020

On account of "NATIONAL DEWARMING DAY", Health Club of our College, tie up with primary health centre, Killiyoor, provided Albendazole tablets on 14-08-2019 for our UG students. Our committee members are explained about the problems of worms and motivated the respective Department students to have the tablet after their lunch. Number of students benefited was 780.



M. Jaya Brakha

Prepared By

(M. Jaya Brakha)

M. Latha Beatrice

Convener

M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed., DCP
Convener Counselling and Health Care
Annai Velankanni College,
Tholayavattam.

J. Johnson

Principal

Dr. J. JOHNSON, M.Sc., M.Phil., Ph.D
PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

ANNAI VELANKANNI COLLEGE, THOLAYAVATTAM

COUNSELLING AND HEALTH CARE CELL

REPORT ON ORIENTATION PROGRAMME

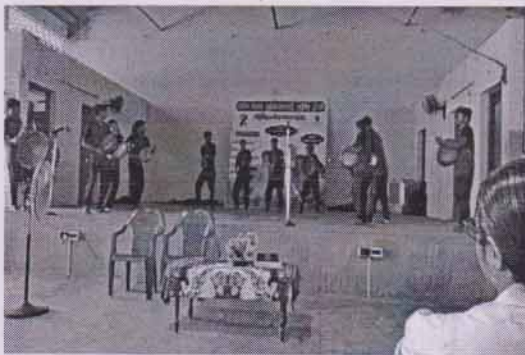
2019-2020

An orientation programme was conducted on 10.09.2019 “World Suicide Prevention Day” for first UG and PG students at Fr.Lucas Auditorium from 1.45 pm to 3.30 pm. Dioceses of Kottar Counselling Cell Co-ordinator Rev.Dr.Nelson has delivered introductory talk regarding Suicide Prevention.

Rev.Fr. Anto has delivered a motivation speech relevant to “Overcome Failures”, “Human Values”, and “Values of Life”. Lamoria and Kallari cultural group have performed “Martial Arts” relevant to the importance of life and suicide prevention. The programme was came to an end at 3.30 pm with National Anthem. Number of students participated : 360.

Feedback

- ❖ Suicide prevention theme and motivation was good
- ❖ Martial arts session was interesting
- ❖ Need more programme like this manner



M. Jayalabha

Prepared By

M. Jaya Brabha

M. Latha Beatrice
Convener

M. LATHA BEATRICE M.Sc., M.Phil., Ph.D.
Convener Counselling and Health Care
Annai Velankanni College,
Tholayavattam.

Dr. J. Johnson
DR. J. JOHNSON, M.Sc., M.Phil., Ph.D.
Principal
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

ANNAI VELANKANNI COLLEGE, THOLAYAVATTAM
COUNSELLING AND HEALTH CARE CELL
REPORT ON HEALTH CARE TRAINING PROGRAMME
2019-2020

The World Health Organisation (WHO) designated the year 2020 as the “Year of Nurse and Midwife” in honour of the 200th birth anniversary of Florence Nightingale. In order to celebrate the year, our committee decided to conduct a health care training programme.

A “Health care training programme” was given to the Health care cell volunteers (50 students) and committee members (10) on 04.01.2020 at 1.30 pm in Lucas Auditorium. Assistant Professor A.Amlit Vimala and Lecturer J.Angel Mary from St.Xavier’s Catholic College of Nursing, Chungankadai, provided the training programme.

The training was based on four major diseases.

1. Breast Cancer
2. Cervical Cancer
3. Uterus Cancer
4. Menopause

Resource person explained the causes, symptoms, prediction and available treatments. The programme came to an end at 3.45 pm.

Feedback

- ❖ Students gained knowledge about the symptoms of diseases
- ❖ The session with visual (Models) explanation was interesting
- ❖ Theme of the programme was good.



M. Jaya Brabha
Prepared By _____

(M. Jaya Brabha)

M. Latha Beatrice
Convener _____

M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed., DCP
Convener Counselling and Health Care
Annai Velankanni College,
Tholayavattam.

Dr. J. Johnson
Principal
DR. J. JOHNSON, M.Sc., M.Phil., Ph.D
PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

ANNAI VELANKANNI COLLEGE, THOLAYAVATTAM

COUNSELLING AND HEALTH CARE CELL

REPORT ON ORIENTATION PROGRAMME

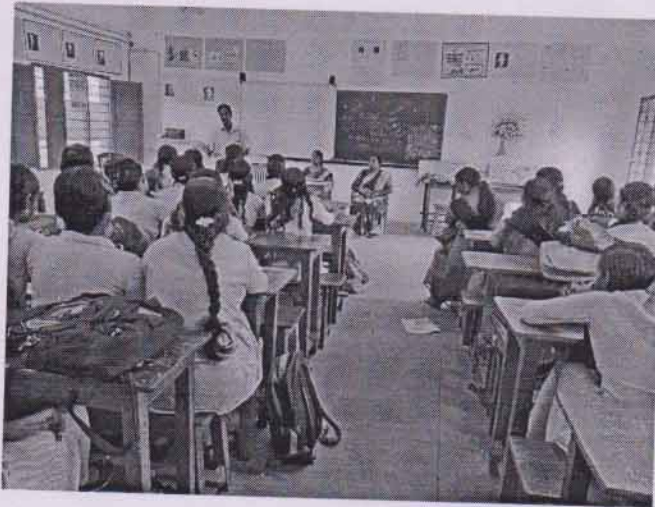
2019-2020

An orientation programme was given to the first UG (English) students (50) on 05.02.2020 at M-2-6 Hall, during 10.30 am – 12.30 pm. Mrs. M. Latha Beatrice, Convenor of Counselling and Health care cell, welcomed the gatherings.

Dr.Rama Malini, Medical Officer, Killiyoor block, has delivered the talk about Anaemia. Mr. Swamy Dhas, Health Inspector, ICDS “Oringinynta Kuzhanthigal Valarchi Thittam” has delivered the talk about healthy life style. The programme came to an end at 12.30 pm.

Feedback

- ❖ The programme with topic chosen was good
- ❖ The importance of healthy food style was interesting
- ❖ Gain knowledge about anaemia and its consequences



M. Jayabrabha
Prepared By
(M. Jaya Brabha)

M. Latha Beatrice
Convener
M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed., DCP
Convener Counselling and Health Care
Annai Velankanni College,
Tholayavattam.

Dr. J. Johnson
Principal
DR. J. JOHNSON, M.Sc., M.Phil., Ph.D
Principal
PRINCIPAL
ANNAI VELANKANNI COLLEGE
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COUNSELLING AND HEALTH CARE CELL

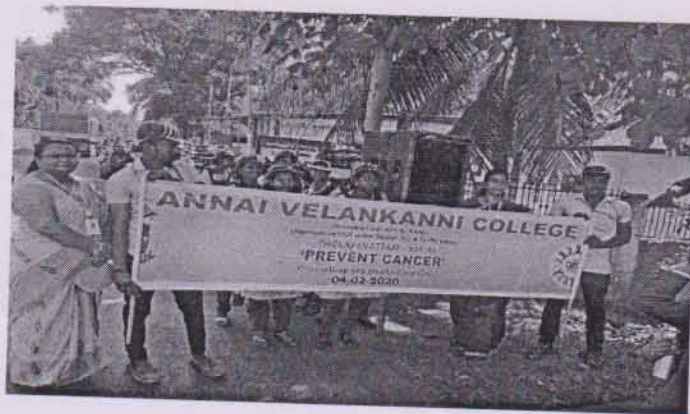
REPORT ON CANCER AWARENESS RALLY PROGRAMME

2019-2020

In order to prevent Cancer, a Rally programme was conducted on 04.02.2020, "World Cancer Day". The Rally was started from Kaisoondi to Munchirai Arokia Matha School. There are 12 Staff members and 180 students were participated.

Dr.J.Johnson, Medial Officer, Luke Hospital, Thengapattanam, brought the awareness on the dreadful disease Cancer and the latest therapies. Dr.S.Mary Helen, Head of the Department of Chemistry, AVC, Tholayavattam, has delivered a speech regarding the causes and prevention of Cancer.

During the Rally bit notices were distributed to the villagers, pledge was taken by Rev.Fr. Sunil and buttermilk was distributed to the students, Rev.Fr.Jeese Raimond has delivered vote of thanks.



M. Jayalalitha
Prepared By

(M. Jaya Brabha)

M. Latha R.
Convener

M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed., DCP
Convener Counselling and Health Care
Annai Velankanni College,
Tholayavattam.

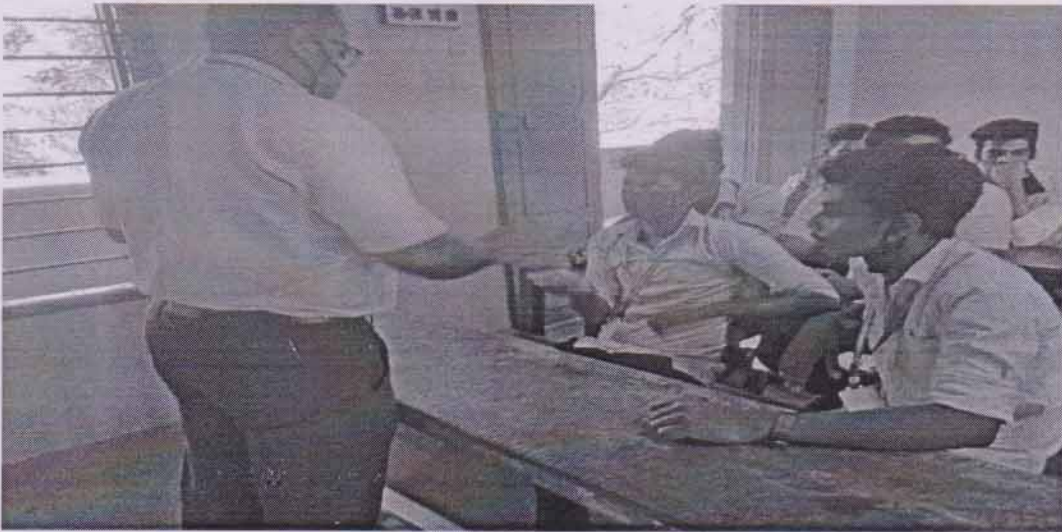
Dr. J. JOHNSON, M.Sc., M.Phil., Ph.D
Principal
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

ANNAI VELANKANNI COLLEGE, THOLAYAVATTAM

COUNSELLING AND HEALTH CARE CELL

2020-2021

On account of "NATIONAL DEWARMING DAY", Health Club of our College, tie up with primary health centre, Killiyoor, provided Albendazole tablets for our UG students on 26.03.2020. Our committee members are explained about the problems of worms and motivated the respective Department students to have the tablet after their lunch. Number of students benefited was 810.



M. Jayabrabha
Prepared By

(M. Jaya Brabha)

M. Latha
Convener

M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed., DCP
Convener Counselling and Health Care
Annai Velankanni College,
Tholayavattam.

Principal

Dr. J. JOHNSON, M.Sc., M.Phil., Ph.D
PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

ANNAI VELANKANNI COLLEGE, THOLAYAVATTAM
COUNSELLING AND HEALTH CARE CELL
REPORT ON "WE SHALL OVERCOME" WEBINAR

2020-2021

A webinar was conducted on 26.06.2020, "We Shall Overcome" for our UG and PG students through Google Meet from 11 am to 12 pm. Mrs.M.Latha Beatrice, Convenor of Counselling and Health care cell welcomed the gatherings, Dr. J. Johnson, Principal, felicitated the programme.

Rev.Fr.Dr. Stephen, Assistant Professor, Department of psychology, Anugraha College, Dindigul, has delivered a motivation speech relevant to COVID-19 pandemic situation. Dr.D.Joen Joselin, organizing secretary, delivered a vote of thanks. Number of students participated 85

Feedback

- ❖ Really feel to overcome the pandemic situation
- ❖ Slides are very nice
- ❖ Need more programme like this manner

M. Jaya Brabha

Prepared By

(M. Jaya Brabha)

M. Latha Beatrice

Convenor

M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed., DCF
Convenor Counselling and Health Care
Annai Velankanni College,
Tholayavattam.

Dr. J. Johnson

Principal

Dr. J. JOHNSON, M.Sc., M.Phil., Ph.D
PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
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COUNSELLING AND HEALTH CARE CELL

REPORT ON TB AWARENESS PROGRAMME

2020-2021

A TB awareness programme was conducted on 16.03.2021 at 12.pm in Fr.Lucas Auditorium. A group of doctors from primary health centre, Killiyoor, provided the awareness programme. All the Departments final year UG students were participated. Doctors explained about the TB with the causes, treatment and prevention methods. During the interaction questions were asked by the doctors. Students said the answer; prizes were distributed at the spot by the doctors. The programme came to an end at 1 pm. Number of students participated-219.

Feedback

- ❖ The awareness programme was very useful
- ❖ The question session was interesting
- ❖ Need more programme like this manner



M. Jayalalitha

Prepared By

(M. Jaya Brabha)

M. Latha Beatrice

Convener

M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed., DCP
Convener Counselling and Health Care
Annai Velankanni College,
Tholayavattam.

Dr. J. JOHNSON, M.Sc., M.Phil., Ph.D
Principal **PRINCIPAL**
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM-620 157
KANYAKUMARI DISTRICT

ANNAI VELANKANNI COLLEGE, THOLAYAVATTAM

(Accredited by NAAC with B++ grade)

COUNSELLING & HEALTH CARE CELL

REPORT ON AWARENESS PROGRAMME ON HEPATITIS & IMPACT ON HUMAN HEALTH

Counselling & Health Care Cell and IQAC of our College jointly organized an awareness programme on hepatitis & impact on human health on 28.07.2021 at 4 pm through Google Meet. Mrs.M.Latha Beatrice, Convenor, Counselling and Health care cell, welcomed the gatherings. Dr.J.Johnson, Principal, introduced the resource person Dr. V. Mathana, M.D, Assistant Surgeon, Government Primary Health Centre, Killiyoor. At the end of the programme Dr.M.Anto, IQAC, Coordinator delivered vote of thanks. The following points are highlighted by her presentation.

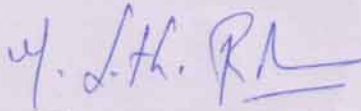
- ❖ Different types of hepatitis.
- ❖ Causes of hepatitis.
- ❖ Prevention and Vaccination.

Number of students participated 85.

Feedback

- ❖ Students gained knowledge about the disease hepatitis.
- ❖ The session was very interesting


Prepared By


Convenor

(M. Jaya Brabha)

M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed., DCP
Convenor Counselling and Health Care
Annai Velankanni College,
Tholayavattam.



Dr. J. JOHNSON, M.Sc., M.Phil., Ph.D
Principal
PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

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(Accredited by NAAC with B++ grade)

COUNSELLING & HEALTH CARE CELL

REPORT ON AWARENESS PROGRAMME ON "WHAT DO YOU KNOW ABOUT RABIES"

Counselling & Health Care Cell organized an awareness programme on "What Do You Know About Rabies" on 26.08.2021 at 11 am through Google Meet. Mrs.M.Latha Beatrice, Convenor, Counselling and Health care cell, welcomed the gatherings and introduced the resource person Mrs.M.A. Lissy, Assistant Professor of Physical Sciences, Mother Gnanamma Catholic College of Education, Madathattuvilai. At the end of the programme Mrs.M.Jaya Brabha, Assistant Professor of Chemistry, proposed vote of thanks. The following points are highlighted by her presentation.

- ❖ Different types of Rabies.
- ❖ Symptoms of Rabies.
- ❖ Prevention and Vaccination.

Number of students participated 85. Staff 6 members



Feedback

- ❖ Students gained knowledge about the disease rabies.
- ❖ The session was very interesting

M. Jaya Brabha
Prepared By

(M. Jaya Brabha)

M. Latha Beatrice
Convenor

M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed., DCA
Convenor Counselling and Health Care
Annai Velankanni College,
Tholayavattam.

Dr. J. Johnson
Principal
Dr. J. JOHNSON, M.Sc., M.Phil., Ph.D
PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM-629 157
KANYAKUMARI DISTRICT

Annai Velankanni College

(Accredited with B++ by NAAC)

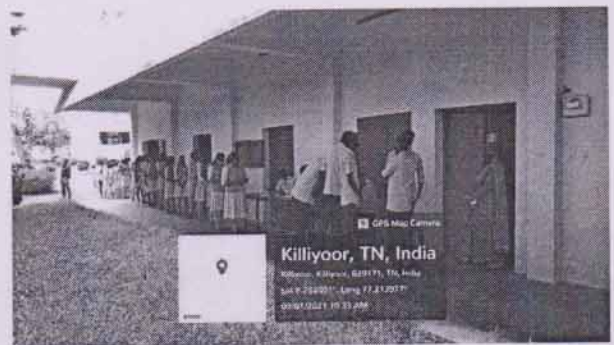
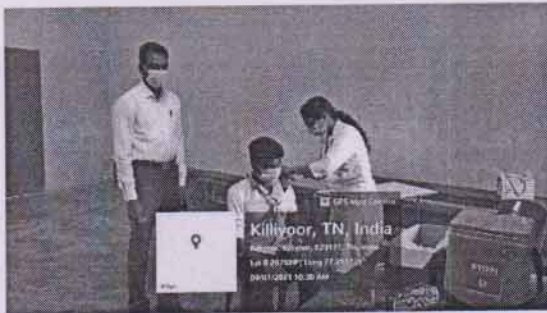
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Tholayavattam- 629 157

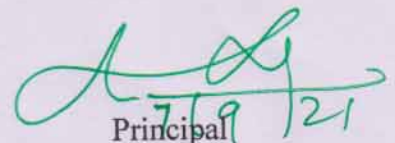
Sanitary and Hygiene Committee

Report on Covid Vaccination Camp

Sanitary and Hygiene Committee of Annai Velankanni College, Tholayavattam conducted a Covid vaccination camp to the College students and the staff members on 1st and 2nd September 2021 at the College campus. The programme conducted with collaboration of Primary Health Centre, Tholayavattam. On the first day the camp was conducted in the campus. 82 students were benefitted by the first doze of Covid Shield Vaccine. The second day the camp conducted at the Primary Health Centre, Tholayavattam. 47 students were benefitted on the second day camp.



Convenor



Principal

PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
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ANNAI VELANKANNI COLLEGE, THOLAYAVATTAM,

COUNSELLING & HEALTH CARE CELL

REPORT ON SUICIDE PREVENTION DAY

In order to reduce stress of young minds we have given "Suicide Prevention Book" to all the students on World Suicide Prevention Day 10.09.2021. This book explains stress management, problem solving, live at present, etc. Counselling Care Help lines contact numbers also given in the book. The numbers of beneficiaries are 800.



Feedback

- ❖ The book is essential for all
- ❖ Book explains "Size of the problem is nothing compared with our ability to solve them"

M. Jeyalalitha
Prepared By

M. Latha Beatrice
Convener
M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed., DCP
Convener Counselling and Health Care
Annai Velankanni College,
Tholayavattam.

A. S.
Principal
PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

From

Mrs.M.Latha Beatrice ,
Convener,
Counselling and health care cell ,
Annai velankanni college,
Tholayavattam .

To

The Principal,
Annai velankanni college,
Tholayavattam.

Respected Sir ,

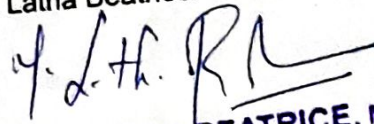
Subject : Permission to conduct an awareness program for world Heart day -Regarding .

We are organising an awareness program on account of the world heart day on the 29th of September. The program is mainly focused on creating awareness on the cardiovascular diseases and their prevention which will be presented by Dr.S.Pratheeba MD (Associate professor, ATSVS Siddha Medical College ,Munchirai). We kindly request your permission on the same. Kindly do the needful .

Thanking you .

29.09.2021,
Tholayavattam.

Sincerely ,
M. Latha Beatrice.



M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed.
Convener Counselling and Health Care
Annai Velankanni College,
Tholayavattam.



PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

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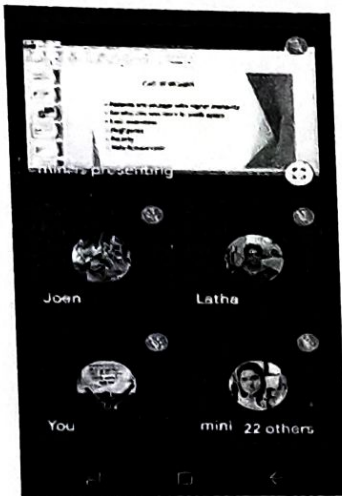
REPORT ON AWARENESS ON CARDIOVASCULAR DISEASES AND PREVENTION PROGRAMME

(WORLD HEART DAY)

Counselling & Health Care Cell has conducted an awareness programme on Cardiovascular Disease and Prevention on 29.09.2021 at 12 pm through Google Meet for final year UG and PG students. Dr. Sugither, Assistant Professor of B.B.A welcomed the gatherings. Dr. J. Johnson, Principal delivered inaugural address. Dr. S. Pratheeba, Associate Professor, ATSVS, Siddha Medical College & Hospital, Munchirai, has served as resource person. At the end of the programme Dr. Joen Joslin, Head of the Department of English, proposed vote of thanks. The following points are highlighted by her presentation.

- ❖ Healthy People make a better life
- ❖ Importance of Meditation
- ❖ First Aid for heart problems

Number of students participated: 30, Number of Staff participated: 6



Feedback

- ❖ Students gained knowledge about the healthy life style.
- ❖ The presentation was nice.

M. Jayabharathi
Prepared By
(M. Jaya Brabha)

M. Latha Beatrice
Convener

J. Johnson
Principal

M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed.,
Convener Counselling and Health Cell,
Annai Velankanni College,
Tholayavattam.

ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

ANNAI VELANKANNI COLLEGE – THOLYAVATTAM
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(Approved by UGC under Section 2(f) & 12(B) Status)

COUNSELLING & HEALTH CARE CELL

WORLD HEART DAY (2021-2022)

(29-09-2021)

Feed Back form

Name: P. R. Anisha

Class: II Bsc Physics

1. Yours suggestions in the following:

Sl. No.	Particulars	Excellent	Good	Average	Poor
i)	Have you interested Heart Day Programme? <i>Yes</i>	<input checked="" type="checkbox"/>			
ii)	Did you know the problem based on hypertension and junk foods? <i>Yes</i>				
iii)	Will you reduce oil and salt in food? <i>Yes</i>				

3. Any other suggestions:

Excellent programme

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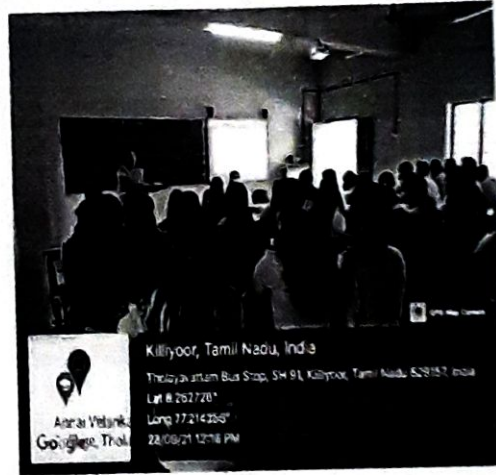
COUNSELLING & HEALTH CARE CELL

REPORT ON ANTI-RABIES VACCINATION PROGRAMME

Counselling & Health Care Cell has conducted an awareness programme on Anti Rabies Vaccination on 28.09.2021 at 12 pm in C-2-2 for III UG, I & II PG Computer Science and III B.Com students. Mrs. J. Josephin Jinisha, Assistant Professor of Computer Science welcomed the gatherings. Dr.H.Subi, Assistant Professor of Tamil has served as resource person. At the end of the programme Mrs. Ajitha, Assistant Professor of Commerce, proposed vote of thanks. The following points are highlighted by her presentation.

- ❖ Problems of Rabies
- ❖ Vaccination
- ❖ Treatment

Number of students participated: 47, Number of Staff participated: 4



Feedback

- ❖ Students gained knowledge about the Rabies.
- ❖ The session was very interesting

M. Jayabrahma
Prepared By
(M. Jaya Brahma)

M. Latha Beatrice
Convener
M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed.,
Convener Counselling and Health Care
Annai Velankanni College,
Tholayavattam.

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THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

ANNAI VELANKANNI COLLEGE, THOLAYAVATTAM

Counselling and HealthCare Cell

Anti Rabies Vaccination - 28/09/2021

FEEDBACK FORM

1. The program exposed you to new ideas

a. Excellent b. Very Good c. Good d. Satisfied e. Less Satisfied

2. The program was potentially useful for your life

a. Excellent b. Very Good c. Good d. Satisfied e. Less Satisfied

3. The time duration of the program is sufficient

a. Excellent b. Very Good c. Good d. Satisfied e. Less Satisfied

4. Your suggestion if any, for the improvement of the program

Her speech is very good.

That information are very useful.

I wish to like to continue this

programme in every year.

From

M.Latha Beatrice,

Covenor, Counselling and Health Care cell

Annai Velankanni College Tholayavattam.

To

The Principal,

Annai Velankanni College Tholayavattam.

Respected Sir,


Sub : Conducting Cancer Awareness Programme –regarding

The Counselling and Health Care Cell have decided to conduct a Cancer Awareness Programme on 22.9.2021(Rose Day) at 2.30pm for all the PG students. Dr.Johnson will be the Chief Guest. Kindly permit us to conduct the programme in the Rev.Fr.Lucas auditorium.

Thank You,

Tholayavattam ,

20.9.2021.

Sincerely

M.Latha Beatrice.

M. LATHA BEATRICE, M.Sc. M.Phil. B.Ed. P.T.
Convener Counselling and Health C.
Annai Velankanni College,
Tholayavattam.


21/9/21
PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

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COUNSELLING & HEALTH CARE CELL
REPORT ON CANCER AWARENESS PROGRAMME
 (ROSE DAY)

Counselling & Health Care Cell has conducted an awareness programme on dreadful disease cancer on 22.09.2021 at 2.30 pm in C-O-8 for II PG Physics and Chemistry students. Mrs. M. Latha Beatrice, Convener, Counselling & Health care cell, welcomed the gatherings. Dr. J. Johnson, Principal, proposed inaugural address. Dr. M. Johnson, Consultant, Trust Hospital, Nagercoil has served as resource person. At the end of the programme Mrs. M. Jaya Brabha, Secretary, Counselling & Health Care Cell, proposed vote of thanks. The following points are highlighted by his presentation.

- ❖ Causes of cancer.
- ❖ Prevention.
- ❖ Treatment

Number of students participated: 52, Number of Staff participated: 5



Feedback

- ❖ Students gained knowledge about the disease cancer.
- ❖ The session was very interesting
- ❖ Students learnt about the Junk food demerits

M. Jaya Brabha
Prepared By

M. Latha Beatrice
Convener

Dr. J. Johnson
Principal

M. LATHA BEATRICE, M.Sc., M.Ed., D.Ed., D
 Convener Counselling and Health Care
 Annai Velankanni College,
 Tholayavattam.

Dr. J. JOHNSON, M.Sc., M.Phil, Ph.D.
PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

ANNAI VELANKANNI COLLEGE - THOLYAVATTAM

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COUNSELLING & HEALTH CARE CELL

ROSE DAY (2021-2022)

(22-09-2021)

Feed Back form

Name: Kershilin Shilbha . J . S

Class: Msc. chemistry 2nd yr.

1. Yours suggestions in the following:

Sl. No.	Particulars	Excellent	Good	Average	Poor
i)	Have you interested Rose Day Programme?		✓		
ii)	Did you know the problem based on pollution and junk foods?		Yes,		
iii)	Will you prefer junk food?		No.		

3. Any other suggestions:

The programme was good. There was sound problem. It will be very good if they rectify it or else. Atlast, we gained knowledge about cancer and its prevention.
Thank you.

From

Mrs.M.Latha Beatrice,
Covenor,Counselling and Health Care cell
Annai Velankanni College Tholayavattam.

To

The Principal,
Annai Velankanni College Tholayavattam.

Respected Sir,

Sub : Conducting Oral Health Awareness Programme –regarding

The Counselling and Health Care Cell have decided to conduct a Oral Health Awareness Programme through online mode on 11.10.2021 at 11.50am for all the PG&UG students. Dr.Liana JX Beatrice will be the Chief Guest.Kindly permit us to conduct the programme

Thank You,

Tholayavattam ,

9.9.2021.

Sincerely,

M.Latha Beatrice.

M. LATHA BEATRICE, M.Sc., M.Phil., B.Ed., DCP
Convener Counselling and Health Care,
Annai Velankanni College,
Tholayavattam,



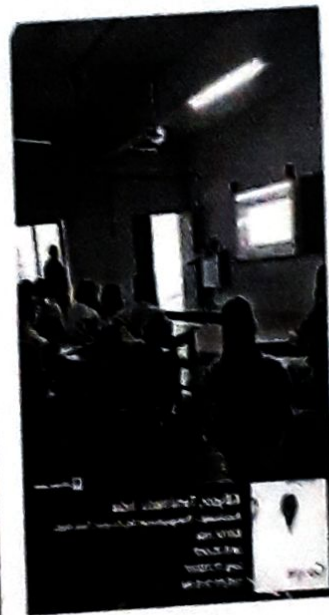
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KANYAKUMARI DISTRICT

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COUNSELLING & HEALTH CARE CELL
REPORT ON ORAL HEALTH AWARENESS PROGRAMME

Counselling & Health Care Cell has conducted an awareness programme on Oral Health on 11.10.2021 at 11.50 am through Google Meet. Students are accumulated in smart class rooms and they have listened the webinar. Dr. Joen Joselin, Head, Department of English, welcomed the gatherings. Dr. J. Johnson, Principal, proposed inaugural address. Dr. Liana Beatrice, BDS, PDGCC, has served as resource person. At the end of the programme Mrs. M. Jaya Brabha, Secretary, Counselling & Health Care Cell, proposed vote of thanks. The following points are highlighted by his presentation.

- ❖ Causes and Symptoms of Tooth Cavity.
- ❖ Fluorosis Problem.
- ❖ Latest Treatments.

Number of students participated 150, Number of Staff participated: 10



Feedback

- ❖ Students gained knowledge about the oral problems.
- ❖ The session was very interesting
- ❖ Students learnt about the mouth cleaning, tooth paste and brush selection

M. Jaya Brabha
 Prepared By
 (M) Jaya Brabha

M. Latha Beatrice
 Convener

M. Latha Beatrice
PRINCIPAL
ANNAI VELANKANNI COLLEGE
 THOLAYAVATTAM - 629 157
 KANNIYAKUMARI DISTRICT
 Annai Velankanni College,
 Tholayavattam.

ANNAI VELANKANNI COLLEGE – THOLYAVATTAM

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COUNSELLING & HEALTH CARE CELL

ORAL AWARENESS PROGRAMME (2021-2022)

(11-10-2021)

Feed Back form

Name: Nesmaja

Class: I Bsc Chemistry

1. Yours suggestions in the following:

Sl. No.	Particulars	Excellent	Good	Average	Poor
i)	Have you interested the Programme?	Yes	✓		
ii)	Did you know the tooth problem based on sweets and cool items?	Yes			
iii)	Will you brush twice a day?	Yes			

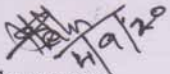
3. Any other suggestions:

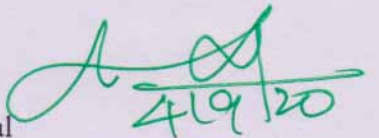
Nice programme

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Report on Cancer Awareness Programme

Sanitary and Hygiene committee of Annai Velankanni College, Tholayavattam conducted an awareness programme on Cancer awareness at Lucas auditorium on 4th September 2020. Dr.J. Johnson, Medical Officer, Luke Hospital, Thengappattanam was the chief guest of the programme. Seventy students from PG, two hundred students from UG and eighteen staff members were participated in the programme. The programme started with a prayer song. Then Dr. Sali, Assist. Professor, Department of Physics gave a welcome speech. Our principal delivered a presidential address. Then the chief gust gave a fruitful and worthy speech to the gatherings about how to take precautions to control and what are the symptoms of Cancer . The function concluded with a vote of thanks by Mrs. Jaya Prabha, Assistant Professor, Department of Chemistry.


Convenor


Principal
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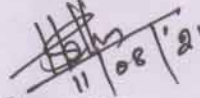
Tholayavattam - 629 157.


Sanitary and Hygiene Committee

Report on Mask Distribution Programme

Sanitary and Hygiene Committee of Annai Velankanni College, Tholayavattam, conducted a Mask distribution programme on 10/08/2021 at Thipramalai Panchayath near Karungal. President, Correspondent, Treasurer, Principal, Vice Principal and the staff members from the college handed over the mask to the public. 100 people from the Panchayath participated the programme and they happily accepted the mask. The programme started at 10.00 am and finished at 11.30 am.




11/08/21
Convenor


21/8/21
Dr. J. JOHNSON, M.Sc., M.Phil., Ph.D
PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

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Tholayavattam - 629 157.

Sanitary and Hygiene Committee

Report on World Cleanup Day

Sanitary and Hygiene Committee of Annai Velankanni College, Tholayavattam , conducted World Cleanup Day on 18/09/2021 at the college premises. The programme started at 10.00 am.UG and PG offline class students participated the programme.The students cleaned the college ground and the college premises. Management, Principal, 85 students, 14 staff members and 8 non-teaching staff participated the function. The management distributed juice and snacks to all the participants. The programme finished at 12.30 pm.



[Handwritten signature]

Convener

[Handwritten signature]

Principal

PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

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THOLAYAVATTAM – 629157
Sanitary and Hygiene Committee

Report on Global Washing Day Essay Writing Competition.

Date : 17 /10/'21

Venue : II MA Class room

Time : 1:05 PM

No of Students: 31

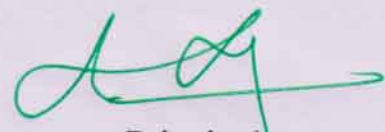
Objectives:

- To foster and support a general culture of hand washing with soap in all societies.
- Raise awareness about the benefits of hand washing.

Sanitary and Hygiene Committee of Annai Velankanni College, Tholayavattam, has conducted an Essay writing Competition for II MA students on 17/10/2021 at 1.05 pm. The title of the essay was "Global Washing Day". 31 students participated in the competition. II PG students eagerly participated in the competition. One hour allotted for the essay writing. They covered all the areas of hygienic and deceases affected without washing their hands. Miss. Priyanka has won the first prize and Miss. Graza.K has won the second prize



Convener



Principal

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Sanitary and Hygiene Committee

Report on World Polio Day Essay Writing Competition.

Date : 5 /11/'21

Venue: II MA Class room

Time : 1:05 PM


No of Students: 31

Objectives:

- To achieve hundred per cent coverage under oral polio vaccine.
- To immunize children through improved social mobilization and high level of morale among the public.

Sanitary and Hygiene Committee of Annai Velankanni College, Tholayavattam, has conducted an Essay writing Competition for II MA students on 05/11/2021 at 1.05 pm. The title of the essay was "World Polio Day". 31 students participated in the competition. II PG students eagerly participated in the competition. One hour allotted for the essay writing. They covered all the areas of disease, symptoms, precautions and treatment. Miss. M. Reshma has won the first prize and Miss. R. Jinusha has won the second prize.


Convener


Principal
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

ANNAI VELANKANNI COLLEGE, THOLAYAVATTAM

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SANITARY AND HYGIENE COMMITTEE

REPORT ON INTER DEPARTMENTAL POSTER MAKING COMPETITION

DETAILS OF THE PROGRAMME

Date of programme : 27th October 2021

Venue : Online mode.

Participated Classes : All Departments

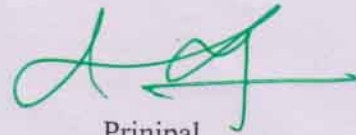
Objectives:

- To get the awareness about hygiene environment.
- To promote cleanliness among students.

Cleanliness gives rise to a good character by **keeping body, mind, and soul clean and peaceful**. Maintaining cleanliness is the essential part of healthy living because it is the cleanliness only which helps to improve our personality by keeping clean externally and internally. To promote the cleanliness of our students in the pandemic situation, our committee had conducted an Inter Departmental Poster Making Competition on 27.10.2021 by the topic, Cleanliness. All the Departments were eagerly participated. S.H.Aferlin of I B.A English has won the first prize and N.R.Rajitha of III B.B.A has won the second prize. The prize winners were appreciated by certificates.



Convener



Principal

PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

From

Dr.V.S.Shali,
Assistant Professor in Physics,
Annai Velankanni College,
Tholayavattam.

To

The Principal,
Annai Velankanni College,
Tholayavattam.

Respected Sir,

Sub: Conducting Essay Writing Competition – Regarding

Sanitary and Hygiene Committe has planned to conduct **Essay writing competition** on “The importance of Personal hygiene and Health care among youth” on 23-11-2021 . So I request you to grant permission to conduct the programme.

Thanking you.

Place: Tholayavattam,

Date: 20-11-2021 .

Yours faithfully,

(Dr.V.S.SHALI)

Dr.J.JOHNSON,M.Sc.,M.Phil.,Ph.D
PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM -629 157
KANYAKUMARI DISTRICT

ANNAI VELANKANNI COLLEGE – THOLAYAVATTAM

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SANITATION AND HYGIENE COMMITTEE

Report of Essay writing Competition

Sanitation and Hygiene committee has organized an Essay writing competition on the topic **“The Importance of Personal Hygiene and Health Care Among Youth”** on 23-11-2021. The winners of the competition are listed below.

Essay Writing

First prize : P.Abiya -I B Sc Chemistry

Second prize : P.R.Anisha – II B.Sc Physics

We express our hearty congratulations to the winners.

Convenor

Dr.S.Lekshmi Devi

Principal

(Dr.J.Johnson)

Dr.J.JOHNSON, M.Sc., M.Phil., Ph.D
PRINCIPAL
ANNAI VELANKANNI COLLEGE
THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT